



UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES

First Year First Semester Examination in BScHons (Nursing) – 2023/Proper 18th Batch

NURNP 1133 NURSING PRINCIPLES & PROCEDURES I – PAPER II

Date: 13.12.2024

Time: 2 hours

ANSWER ALL SIX QUESTIONS

1.

1.1. Explain three (3) major causes of bedsore. (15 Marks)

1.2. A 78 year old obese woman confined to bed for a month, having odema on her leg due to chronic kidney disease. She is a known diabetic patient for more than 10 years.

1.2.1. List the predisposing risk factors to develop bedsore for this patient. (15 Marks)

1.2.2. This woman is mostly on supine position, you are suspecting that there is a chance for developing bedsore for this patient.

1.2.2.1. List the signs of bedsore that would be assessed by you on her skin. (15 Marks)

1.2.2.2. List the pressure points where the pressure sores may develop for this Patient. (20 Marks)

1.2.2.3. Briefly explain the nursing interventions that should be performed to this patient to prevent bedsore. (35 Marks)

2.

2.1. List the patients who need frequent hygienic attention on mouth. (20 Marks)

2.2. List the disorders that may arise due to neglected oral hygiene. (20 Marks)

2.3. Briefly explain any three (3) of the disorders which you mentioned in 2.2. (20 Marks)

2.4. You planned to do the mouth care to a patient who is in unconscious state.

2.4.1. Mention the preliminary assessments that you would do before start the mouth care procedure for this patient. (20 Marks)

2.4.2. List the articles needed for mouth care for this patient. (20 Marks)

- 3.
- 3.1. List the sites for taking pulse. (20 Marks)
 - 3.2. Briefly explain the factors affecting pulse. (30 Marks)
 - 3.3. Explain the following statement with proper justification:
 - 3.3.1. Taking temperature through rectal site is advisable for the children under 5 years. (10 Marks)
 - 3.3.2. It's not possible to take the temperature through oral site to all the patients. (20 Marks)
 - 3.3.3. Cleaning the thermometer is important before and after use and proper cleaning techniques is important to follow. (20 Marks)
- 4.
- 4.1. Explain the risk factors for the skin impairment. (25 Marks)
 - 4.2. Explain, why the diabetic patients prone to get foot problems. (25 Marks)
 - 4.3. Briefly explain to a diabetic patient regarding the foot care. (30 Marks)
 - 4.4. List the common foot problems. (20 Marks)
- 5.
- 5.1. Briefly explain the factors affecting sleep. (40 Marks)
 - 5.2. List the effects of poor sleep. (20 Marks)
 - 5.3. Briefly explain the nursing interventions that can be implemented to enhance the good quality sleep to the patient who are in the ward. (40 Marks)
6. Short notes on:
- 6.1. Patients' positions. (50 Marks)
 - 6.2. Types of Bed (names of bed, indication/purpose for making, needed articles) (50 Marks)