

UNIVERSITY OF JAFFNA, SRI LANKA
FACULTY OF ALLIED HEALTH SCIENCES
THIRD YEAR FIRST SEMESTER EXAMINATION IN B.SC. (HONS.) IN NURSING - 2019

NURCH 3134 COMMUNITY HEALTH NURSING II

Date: 01.12.2021

Time: 3 Hours

ANSWER ALL SIX QUESTIONS

1.

- 1.1. List five (5) major non- communicable diseases. (20 Marks)
- 1.2. List the common lifestyle risk factors which increase the risk of non-communicable diseases. (30 Marks)
- 1.3. As a community health nurse, briefly describe a plan for an individual health education by considering four levels of preventive measures for a 56 years old person who is with all risk factors which you mentioned in 1.2. (50 Marks)

2.

- 2.1. List the Family Planning methods existing in National Family Planning programme in Sri Lanka. (20 marks)
- 2.2. Briefly describe the Family Planning services available in Sri Lanka. (20 marks)
- 2.3. Discuss the challenges and opportunities on delivering the family planning services in Sri Lanka. (30 marks)
- 2.4. Describe the roles and responsibilities of a Public health Midwife (PHM) in family planning services. (30 marks)

3.

- 3.1. List the classification of Anaemia. (20 marks)
- 3.2. Explain the term Anaemia in pregnancy. (10 marks)
- 3.3. List the effects of anaemia during pregnancy in mother and foetus. (30 marks)
- 3.4. Briefly explain the strategies that could be used to prevent maternal anaemia. (40 marks)

4.

- 4.1. Explain the general contraindications and false contraindications for vaccination. (40 marks)
- 4.2. Briefly explain the standard procedures that should be followed before and after vaccinating the child. (40 marks)
- 4.3. Explain the term 'Adverse Events Following Immunization' (AEFI). (20 marks)

5.

- 5.1. Write the meaning of the terms given below:
 - 5.1.1. Nulligravida. (05 Marks)
 - 5.1.2. Nullipara. (05 Marks)
 - 5.1.3. Primigravida. (05 Marks)
 - 5.1.4. Embryo. (05 Marks)
- 5.2. Briefly explain the routine activities carried out at the Antenatal Clinics. (40 Marks)
- 5.3. Explain the advantages of breastfeeding for mother and newborn. (40 Marks)

6. Write short notes on:

- 6.1. Management of First stage of Labour. (50 Marks)
- 6.2. Minor disorders of pregnancy. (50 Marks)