



**UNIVERSITY OF JAFFNA, SRI LANKA  
FACULTY OF ALLIED HEALTH SCIENCES  
FOURTH YEAR SECOND SEMESTER EXAMINATION IN B.SC (HONS.) IN  
NURSING –2019**

**NURMN 4223 MATERNITY NURSING II– PAPER II**

**Date: 23.06.2021**

**Time: 02 Hours.**

**ANSWER ALL QUESTIONS**

1. A 26-year-old primipara attends her booking visit at 6 weeks of amenorrhea.
  - 1.1. How will you confirm her pregnancy? (25 Marks)
  - 1.2. What are the measurements you will do in the booking visit? (25 Marks)
  - 1.3. List five (5) risk factors can be identified from your assessment in booking visit. (25 Marks).
  - 1.4. Explain the importance of early ultrasound investigation. (25 Marks)
  
2. A 40-year-old multi para is diagnosed with gestational Diabetes mellitus.
  - 2.1. How is gestational Diabetes mellitus diagnosed? (20 Marks)
  - 2.2. Advise her on her future dietary modification. (20 Marks)
  - 2.3. How will you train her on insulin technique? (30 Marks)
  - 2.4. What are the maternal and fetal risks associated with Gestational Diabetes mellitus? (30 Marks)
  
3. A twin mother is found to have 150/100 mm/Hg blood pressure on her 26 weeks of period of amenorrhea.
  - 3.1. How can you perform urine albumin ward test and interpret it? (20 Marks)
  - 3.2. List five (5) blood investigations she would be ordered. (20 Marks)
  - 3.3. List three (3) impending symptoms of Pre-eclampsia. (20 Marks)
  - 3.4. List the antihypertensives used to treat Pre-eclampsia. (20 Marks).
  - 3.5. List three (3) fetal complications of Preeclampsia. (20 Marks)

4. Write short notes on
- 4.1. Active management of third stage of labour. (30 Marks)
  - 4.2. Exclusive breast feeding. (40 Marks)
  - 4.3. Intrauterine contraceptive device. (30 Marks)
5. A 25-year-old primipara with uncomplicated pregnancy is planned for Induction of labour at 40 weeks.
- 5.1. What is Induction of labour? (20 Marks)
  - 5.2. Describe the different methods of Induction of labour? (30 Marks)
  - 5.3. How will you take care of an induced mother in labour ward? (25 Marks)
  - 5.4. List five (5) complications of Induction of labour. (25 Marks)
6. Anaemia is a major health problem among Sri Lankan pregnant population.
- 6.1. Why pregnant mothers develop Anaemia? (25 Marks)
  - 6.2. How will you advise an Anemic pregnant mother on her nutrition? (25 Marks)
  - 6.3. How will you advise on haematinics? (25 Marks)
  - 6.4. Describe a policy to reduce the Anaemia among the pregnant population in Sri Lanka. (25 Marks)

