

UNIT OF ALLIED HEALTH SCIENCES, UNIVERSITY OF JAFFNA, SRI LANKA
BACHELOR OF SCIENCE IN NURSING
FOURTH YEAR SECOND SEMESTER EXAMINATION – AUG 2017

NURMN 4204- MATERNITY NURSING II

Date: 16.08.2017

Time: 2 Hours

ANSWER ALL SIX QUESTIONS

1. 25 year old P₂C₁ mother attends her booking clinic visit. Her last regular menstrual period was on 3rd of July 2017.
 - 1.1. What is her period of amenorrhea on 14th August 2017? (10 Marks)
 - 1.2. What is her expected date of delivery? (10 Marks)
 - 1.3. How will you confirm her pregnancy? (20 Marks)
 - 1.4. Once pregnancy confirmed, what investigations need to be done in this visit? (30 Marks)
 - 1.5. How will you advise her to manage the morning sickness? (30 Marks)

2. A 35 year old P₄C₃ mother presented with tiredness at 22 weeks of Pregnancy. Her haemoglobin is 7 g/dl.
 - 2.1. What is the expected hemoglobin level during pregnancy? (10 Marks)
 - 2.2. List three conditions, those may cause low haemoglobin value in this pregnant mother. (15 Marks)
 - 2.3. What are the other clinical features you will look in this mother? (40 Marks)
 - 2.4. Mention two specialty fields who may involve in the management, other than consultant obstetrician. (10 Marks)
 - 2.5. Explain the mother about diet and medications on discharge (25 Marks)

3. A non-fasting oral glucose challenge test is planned for a primi gravida at her 25 weeks of period of amenorrhea.
 - 3.1. How will you prepare the pregnant woman for this investigation? (20 Marks)
Her second hour value is 190mg/dl.
 - 3.2. What is the interpretation of the above result? (20 Marks)
 - 3.3. Advice the mother regarding diet and exercise in this condition? (30 Marks)
 - 3.4. Explain how you will carry out blood sugar series at ward. (30 Marks)

4.
 - 4.1. Define prolong pregnancy. (15 Marks)
 - 4.2. Mention three complications of prolong pregnancy. (15 marks)
 - 4.3. What are the methods available for induction of labour? (40 Marks)
 - 4.4. What is Bishop's score? (30 Marks)

5. A grand multi (P4C4) had 700 ml blood loss soon after the delivery of the baby.
 - 5.1. What is the clinical condition? (15 Marks)
 - 5.2. What are the basic parameters you will check in this patient initially? (30 Marks)
 - 5.3. What investigations you will take in this patient initially? (15 Marks)
 - 5.4. What is your initial management till the senior medical officer attends this patient? (30 Marks)
 - 5.5. List two drugs which are used in this condition. (10 Marks)

6. Short notes on
 - 6.1. Importance of preconception folic acid. (25 Marks)
 - 6.2. Antenatal tetanus toxoid. (25 Marks)
 - 6.3. Episiotomy care. (25 Marks)
 - 6.4. Post-Placental intrauterine contraceptive device (PPIUD). (25 Marks)